

CIEH Level 2 Award in Manual Handling - Principles and Practice

This new qualification provides essential information about manual handling hazards and their control

Providing maximum flexibility this one qualification gives you two possible outcomes:

Part 1 - Delivered as a stand-alone ½ day programme for learners who wish to gain the **CIEH Level 2 Award in Principles of Manual Handling**

Part 2 - For those who need more practical manual handling techniques, stay on for the innovative afternoon session **and practical assessment** to gain the full **CIEH Level 2 Award in Manual Handling - Principles and Practice**

Who does it benefit?

The qualification has been developed to benefit any employee who has to carry out any manual handling activities at work by introducing them to the hazards of manual handling, the risks involved and the controls that are available to help prevent injury.



In addition, the course will teach learners techniques to lift, carry, push and pull objects safely within their individual capabilities with the aim of reducing the number of work related injuries associated with manual handling.

What does it cost?

We are currently offering a 10% discount. E.g. For 10 delegates to be trained for Part 1 and Part 2; £875.00 - 10% = £787.50 + VAT, plus travel.

This is an all inclusive price: training, workbooks, CIEH registration, assessment and certification upon successful completion of the course.

Anything else?

-  Practical loose clothing and appropriate comfortable shoes to be worn for training.
-  Attendees will be asked to sign a disclaimer that they are capable of conducting practical work in the training.

Content: Part 1

- Manual handling hazards, risks and controls
- How manual handling operations can cause injury and harm
- The scope of legal requirements and where guidance can be found
- The process for assessing manual handling risks
- The value of risk assessment and how it applies to safe manual handling practice

Content: Part 2

- Manual handling techniques:
- Lifting loads from low levels
- Working at low levels including fast transit of materials
- Lowering materials from height
- Pushing loads
- Pulling loads
- Carrying
- Team handling

About Envex (part of PHSC plc)

Envex has provided health, safety and risk management training and consultancy for over 20 years. Our expertise and experience in the field enables us provide practical, cost effective solutions. It is our flexibility and customer focus which sets us apart.

Envex offers training at their premises in Winnersh, or at a location to suit the customer.

Maximum no. of delegates per course is 10.

Discounted rates apply for all ASA clients of Envex

For further information or to book a course, please contact Cathi Foale on

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